

21st June 2021

International Yoga Day 2021

The idea of International Yoga Day was conceived by PM Modi, who proposed the concept on September 27, 2014, during his speech at the UN General Assembly. The resolution to adopt June 21 as International Yoga Day was introduced in the UN by India's Ambassador, Ashoke Kumar Mukerji. The resolution had received support from 177 nations, the highest number of co-sponsors for any UN Resolution. Currently, countries ranging from Canada to the USA participate in this event.

This year, the theme is 'Yoga For Wellness'

The Prime Minister launched a mYoga app that will be available worldwide. "In collaboration with WHO, India has taken another important step. We will be launching the mYoga app which will have yoga training videos in different languages for people across the world. This will help us achieve our 'One World, One Health' motto," he added.

The Ministry of Culture is also slated to celebrate the International Day of Yoga at 75 cultural heritage locations across the country.

India, Pak NSAs to be at SCO meeting amid fragile LoC peace, Afghan flux

Four months after India and Pakistan decided to adhere to the ceasefire pact along the Line of Control (LoC), National Security Advisor Ajit Doval is likely to be in the same room as his Pakistan counterpart Moeed Yusuf in Dushanbe next week.

They will be participating in a meeting of NSAs of the Shanghai Cooperation Organisation (SCO) in the Tajikistan capital. Doval will be joining the meeting "in-person" on June 23-24, unlike the NSA-level virtual meeting of the SCO countries last September.

The meeting is likely to be attended by Afghanistan's NSA Hamdullah Mohib, Russian NSA Nikolai Patrushev and their counterparts from China, Kazakhstan, Kyrgyzstan, Tajikistan and Uzbekistan.

Centre for Meditation and Yoga Sciences in Delhi

The Delhi government's plan to provide free Yoga classes to people in the city is expected to kick off on October 2,

Delhi Chief Minister Arvind Kejriwal, along with Deputy Chief Minister Manish Sisodia, inaugurated the Centre for Meditation and Yoga Sciences on.

Around 450 people will be trained at the Centre, which was established by the government in collaboration with the Delhi Pharmaceutical Sciences and Research University (DPSRU).

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